13th annual RBM Case Management Working Group meeting

Quality of care and referrals to support the journey of severe malaria patients

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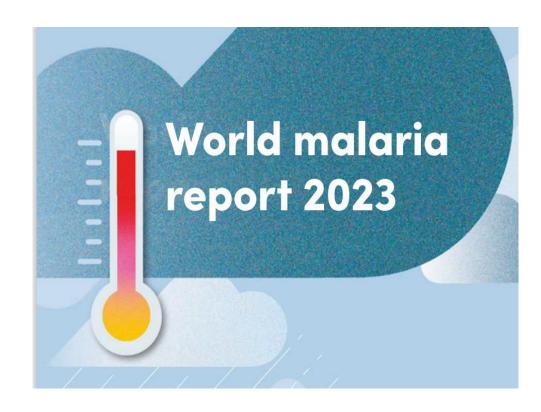
Kigali, September 25th 2024

Outlines

- 1. Introduction
- 2. Severe malaria at Community/Primary level of care
- 3. Referrals
- 4. Severe malaria at Referral level of care
- 5. Summary

Introduction (1/2)

- Malaria: 249 million cases globally
- 608'000 deaths. Top 4 were all Sub-Saharan Africa countries accounted for over half of total deaths: Nigeria, DRC, Niger and Tanzania
- Although efforts with numerous strategies in place to reduce this unacceptable burden, malaria is still leading to huge number of cases and deaths every year
- Severe malaria constitutes an emergency and the greatest threat with an increased risk of death if not promptly managed with an effective treatment
- Need for additional efforts/innovation to ultimately tackle severe malaria outcomes, especially death



Introduction (2/2)

National UHC Referral level Organizational structure of (Provincial & health systems in Sub-National) Saharan Africa Countries **Provincial** (SSA) Referral level District (Secondary) Hospitals Health Centers Peripheral level (Primary) **Health Posts Community** (CHWs)

 Health systems organized in at least 3 levels of care in SSA

Severe malaria at Community/Primary level of care (1/6)

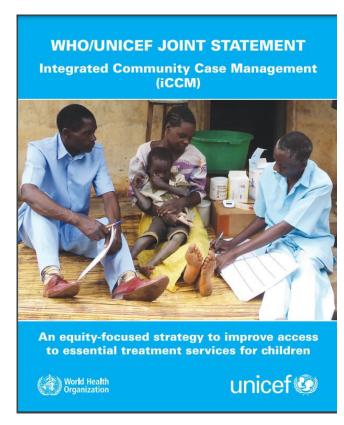
- Community and Primary levels of care are the most critical «starting point» in severe malaria case management
- >80% of severe malaria patients start they journey here
- No sophisticated equipment
- Logistic challenges





Severe malaria at Community/Primary level of care (2/6)

- Treatment iCCM, or IMCI algorithms:
 - clinical assessment of pneumonia, malaria, diarrhoea, and malnutrition
 - Identification of <u>Danger signs</u> including unusually sleepy/unconscious, convulsions, difficulty drinking or feeding, repeated vomiting, blood in stool, chest indrawing, ...
 - Referral of <u>severe cases</u> i.e. with at least 1 danger sign to high level of care for comprehensive case management

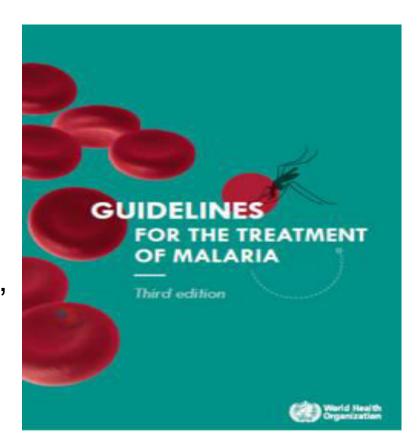


June 2012

Severe malaria at Community/Primary level of care (3/6)

 Malaria testing (RDT) but <u>not systematically</u> recommended across countries, especially in the presence of danger signs!

 Essential commodities and drugs: ACTs, ATB (amoxicillin), rectal artesunate, ORS solution and zinc, paracetamol



WHO 2015

Severe malaria at Community/Primary level of care (4/6)

- Challenges hampering proper case management at this level:
 - Poor recognition of danger signs by caregivers → delays in seeking care and subsequently in prompt diagnosis and early initiation of an effective severe malaria treatment
 - Logistics: stockouts of commodities and drugs → poor attendance, no prompt treatment initiation
 - Adherence to referral advice often poor in children with fast improvement of their condition, long distance and lack of mean of transport, ...

Lal et al. BMC Health Services Research (2018) 18:317 https://doi.org/10.1186/s12913-018-3124-8

BMC Health Services Research

RESEARCH ARTICLE

Open Access

CrossMark

Caregivers' compliance with referral advice: evidence from two studies introducing mRDTs into community case management of malaria in Uganda

Sham Lal^{1*}, Richard Ndyomugenyi², Lucy Paintain¹, Neal D. Alexander³, Kristian S. Hansen⁴, Pascal Magnussen^{5,6}, Daniel Chandramohan¹ and Siân E. Clarke¹

Severe malaria at Community/Primary level of care (5/6)

- Challenges hampering proper case management at this level:
 - Low specificity of the diagnosis → overdiagnosis :
 Approximately 1/3 of children diagnosed with SM have another condition, usually sepsis, as the cause of their severe illness
 - Definition of iCCM danger signs not specific to severe malaria
 - Poor CHWs coverage in countries such as the DRC
 - Inconsistent scale-up of quality assured rectal artesunate (QA RAS) in endemic countries

White *Malaria Journal* (2022) 21:284 https://doi.org/10.1186/s12936-022-04301-8 Malaria Journal

REVIEW Open Access

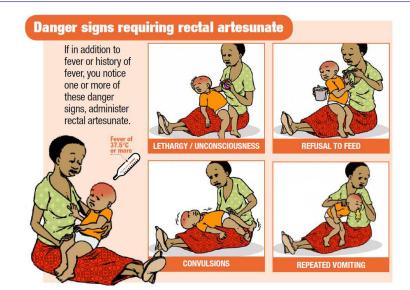
Severe malaria



Nicholas J. White 1,2*

Abstract

Severe malaria is a medical emergency. It is a major cause of preventable childhood death in tropical countries. Severe malaria justifies considerable global investment in malaria control and elimination yet, increasingly, international agencies, funders and policy makers are unfamiliar with it, and so it is overlooked. In sub-Saharan Africa, severe malaria is overdiagnosed in clinical practice. Approximately one third of children diagnosed with severe malaria have another condition, usually sepsis, as the cause of their severe illness! But these children have a high mortality, contributing substantially to the number of deaths attributed to 'severe malaria'. Simple well-established tests, such as examination of the thin blood smear and the full blood count, improve the specificity of diagnosis and provide prognostic information in severe malaria. They should be performed more widely. Early administration of artesunate and broad-spectrum antibiotics to all children with suspected severe malaria would reduce global malaria mortality.



Severe malaria at Community/Primary level of care (6/6)



- Is an effective tool to reduce severe malaria mortality
- 1. Scale-up it's use by CHWs and PHCs
 - 1. Proven to be effective in saving lives
 - 2. Well accepted
- Strengthen the health systems to use QA RAS as part of the continuum of care
- Strengthen community engagement to improve danger signs recognition by caregivers and health service use
- Invest in supporting drugs and commodities supply chain
- Start ACT provision once the child becomes able to drink, not necessarily injectable!
- Regular staff training on RAS use!

BMC Infectious Diseases



Research article

Open Access

Rectal artemisinins for malaria: a review of efficacy and safety from individual patient data in clinical studies

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Acceptability of pre-referral rectal artesunate for severe malaria in children under 5 years by health workers and caregivers in the Democratic Republic of the Congo, Nigeria and Uganda

P. Awor, J. Kimera, +16 authors M. Hetzel • Published in Malaria Journal 10 November 2022 • Medicine

TLDR RAS acceptability was well accepted by health workers and child caregivers in DRC, Nigeria and Uganda and is unlikely to be an obstacle to the large-scale roll-out of RAS in the studied settings.

Referrals (1/2)

- Next critical step of the journey for patients severely ill seen at CHW/PHC → High level of care for comprehensive care of severe malaria
- Logistic challenges: bad roads
- Many other factors influencing it's successfully completion to high level of care



Original research

BMJ Global Health

Prereferral rectal artesunate and referral completion among children with suspected severe malaria in the Democratic Republic of the Congo, Nigeria and Uganda

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To cite: Brunner NC, Omoluabi E, Awor P, et al. Prereferral rectal artesunate and referral completion among children with suspected severe

ABSTRAC

Introduction Children who receive prereferral rectal artesunate (RAS) require urgent referral to a health facility where appropriate treatment for severe malaria can be provided. However, the rapid improvement of a

WHAT IS ALREADY KNOWN ON THIS TOPIC

Prereferral rectal artesunate reduces case fatality in children with suspected severe malaria in the context of high referral completion.





Factors influencing adherence to referral advice following prereferral treatment with artesunate suppositories in children in rural Tanzania

Daudi O. Simba, Marian Warsame, Omari Kimbute, Deodatus Kakoko, Max Petzold, Goran Tomson, Zul Premji, Melba Gomes

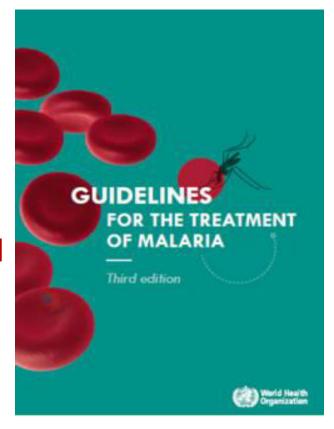
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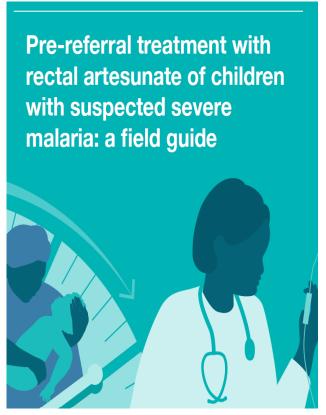
Referrals (2/2)

 Although this is a WHO recommendation and most country guidelines, especially for those treated with RAS at CHW/PHC:

 Is referral to high level of care indicated for all severe malaria patients?

 What to do for patients who not adhere to referral advice?





WHO 2015

Severe malaria patients at the Referral level of care

- Mostly the Endpoint of a severe malaria patient's journey
- What is available for proper SM treatment here? Comprehensive care for SM?
- Challenges:
 - Poor adherence of healthcare workers to guidelines
 - Blood transfusion and Oxygen are rare;
 - Cost of care is prohibitive
 - Frequents stock outs of inj.
 Antimalarials

At referral level (hospitals)

Reanimation equipment

Antibiotics













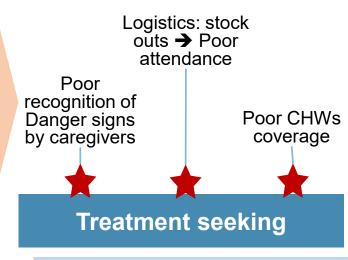








Summary (1/2)



Spread effective key messages including danger signs and "good" attitudes to adopt in case of symptoms

Intensive health education programs

Straighten the supply of essential medicines and other commodities

Increase # of CHWs

Severe Malaria patients at community level

Non adherence of

health workers to

guidelines

Definition of iCCM

DS not congruent

with global

Standardize and harmonize current definition of iCCM danger signs with global algorithms

RAS and referral

impossible or

refused

Plan regular health workers trainings

Decentralization of severe malaria treatment (Research!)

Combined early treatment: RAS+ antibiotic (need for a combined suppository)

Introduce definitive treatment of severe malaria at PHCs

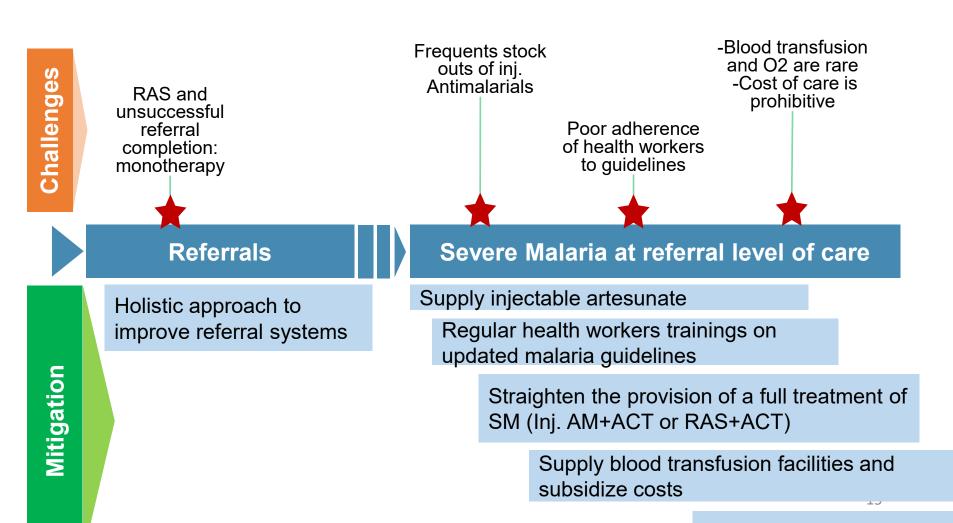
Logistics: stock outs → No prompt

treatment initiation

Other severe

non-malarial

disease



Stratification based on evidence

Take Home Message

- Yes, we can promptly improve the quality of care and referrals to support the journey of severe malaria patients:
 - Urgent political engagement required
 - Update current guidelines
 - Effective proven products are available (QA RAS, Inj AS) to treat severe malaria, we
 need just to make them available and to use them properly and smartly
 - Decentralization of severe malaria case management at primary level in light of the scientific evidence (continue with research)
 - Holistic approach to improve referral systems
 - Make essential products such as blood, O2 available in hospitals
 - Invest in community engagement

There is No standard model applicable in all endemic countries, adaptation to specific context is essential

Thanks for your attention